

BOWEN ISLAND GYMNASTICS

Bowen Island Gymnastics Club (BIGC) offers a wide variety of recreational and competitive gymnastics programs for participant's ages 14 months to adult. All programs promote safety, self-esteem, skill development, friendships and FUN!!!! Our coaches are Nationally Certified with years of experience, knowledge and dedication to the sport of gymnastics.

Spring Schedule 2022

Fridays: April 1 – June 9, 2022: 8 weeks (No classes April 15, April 22, May 20)

Saturdays: April 2 – June 10, 2022: 8 weeks (No classes April 16, April 23, May 21)

LITTLE PEOPLE GYMNASTICS PROGRAMS: Ages 12 months – 6yrs

These Little People Gymnastics Programs follow the National Active Start curriculum that fosters a multi-movement approach promoting physical literacy development. Classes include music, themes, games, free play, and individual motor skill development with the emphasis on FUN!!!

ROCK'N ROLLERS Ages 12 months – 24 months

Saturdays: 9:00 – 9:45 am

Cost: \$115.00

- **Parent Participation Required ***

JUMPING JELLYBEANS Ages 2 years – 3.5 years

Saturdays: 9:00 – 9:45 am

Cost: \$115.00

- **Parent Participation Required ***

TINY TUMBLERS Ages 3.5 years – 5 years

Saturdays: 10:00 am – 11:00 am

Cost: \$130.00

KINDERGYM 5 years – 6 years (must be in Kindergarten/ Gr 1)

Fridays: 3:45 – 4:45 pm

Cost: \$130.00

SCHOOL AGED RECREATIONAL GYMNASTICS PROGRAMS:

Ages 6 years to-13 years * must be in grade one or above *

GIRLS GYM STARS 1 (ages 6 – 8 years)

Fridays: 4:15 pm – 5:15 pm

Cost: \$140.00

GIRLS GYM STARS 2 (ages 8 – 12 years)

Fridays: 5:30 pm – 6:30 pm

Cost: \$140.00

GIRLS GYM STARS 3 (ages 6 – 10 years)

Saturdays 9:45 am – 10:45 am

Cost: \$140.00

BOYS PARKOUR / GYMNASTICS

Fridays 6:00 pm – 7:00 pm (ages 9-14 yrs)

Cost: \$140.00

Saturdays: 10:00 am -10:45 pm (ages 4-5 yrs)

Cost \$130.00

Saturdays: 11:00- 11:45 am. (ages 6 – 8 yrs).

Cost \$130.00

- **Please note there is an Annual Membership Insurance Fee of \$55.00 for all participants in Recreational Gymnastics Programs ***