

BOWEN ISLAND GYMNASTICS

Bowen Island Gymnastics Club (BIGC) offers a wide variety of recreational and competitive gymnastics programs for participant's ages 14 months to adult. All programs promote safety, self-esteem, skill development, friendships and FUN!!!! Our coaches are Nationally Certified with years of experience, knowledge and dedication to the sport of gymnastics.

Fall Schedule 2021

Fridays: Sept 24 – Dec 3, 2021: 9 weeks (No classes Oct 8, Nov 12)

Saturdays: Sept 25 – Dec 4, 2016: 9 weeks (No classes Oct 9, Nov 13)

LITTLE PEOPLE GYMNASTICS PROGRAMS: Ages 12 months – 6yrs

These Little People Gymnastics Programs follow the National Active Start curriculum that fosters a multi-movement approach promoting physical literacy development. Classes include music, themes, games, free play, and individual motor skill development with the emphasis on FUN!!!

ROCK'N ROLLERS *Ages 12 months – 24 months*

Saturdays: 9:00 – 9:45 am

Cost: \$130.00

- **Parent Participation Required ***

JUMPING JELLYBEANS *Ages 2 years – 3.5 years*

Saturdays: 9:00 – 9:45 am

Cost: \$130.00

- **Parent Participation Required ***

TINY TUMBLERS *Ages 3.5 years – 5 years*

Saturdays: 10:00 am – 11:00 am

Cost: \$144.00

KINDERGYM *5 years – 6 years (must be in Kindergarten/ Gr 1)*

Fridays: 3:45 – 4:45 pm

Cost: \$144.00

SCHOOL AGED RECREATIONAL GYMNASTICS PROGRAMS:

Ages 6 years to-13 years * must be in grade one or above *

GIRLS GYM STARS

Fridays: 4:00 pm – 5:00 pm

Cost: \$160.00

BOYS PARKOUR / GYMNASTICS

Saturdays: 11:00 am -11:45 pm

Cost: \$144.00

- **Please note there is an Annual Membership Insurance Fee of \$55.00 for all participants in Recreational Gymnastics Programs ***